

A GUIDE TO

Geranium

ESSENTIAL OIL



GERANIUM ESSENTIAL OIL
AT A GLANCE:

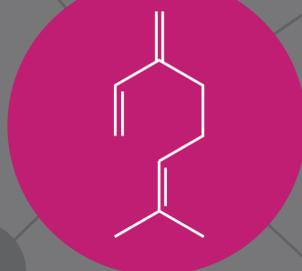
Steam distilled from the
FLOWERS
and **LEAVES**
of the Pelargonium
graveolens plant



Encourages feelings of
PEACE AND
SPIRITUALITY
with its floral aroma

Used by the
ANCIENT
EGYPTIANS
to help promote
beautiful-looking skin

Contains a variety of naturally
occurring constituents, including
LIMONENE,
ALPHA PINENE,
AND MYRCENE



USING GERANIUM



Pair with
FLORAL and **FRUITY**
essential oils such as Lavender, Jasmine,
Orange, and Lemon.



Give hair a boost of shine by
adding a few drops to your
SHAMPOO AND
CONDITIONER.

Use as the middle note in
your own DIY essential oil
PERFUME.



Add a few drops to your favorite
MOISTURIZER
to help brighten the appearance
of skin.



Create a
DIY AIR
and
FABRIC
FRESHENER

by combining
1 cup distilled water,
3-4 drops Geranium oil,
and 1 teaspoon witch hazel
in a glass spray bottle.